



AMERICAN SOCIETY OF SAFETY PROFESSIONALS

Star Valley Chapter

Newsletter

January 2021

JANUARY IS EPA'S NATIONAL RADON ACTION MONTH! SEE PAGE 3 FOR DETAILS.

Chapter Officers

President:	Carlton Davis, MSOS, CSP cdavis@transmontaigne.com
Vice-President:	E. Stuart Bowman, MBA CSP Stuart.Bowman@arconic.com
Secretary:	Bob Calhoun CSP, CPEA rpcalhoun@bwxt.com
Treasurer:	Brandon S. Webb bwebb@favors.com
Delegate:	Carlton Davis, MSOS, CSP cdavis@transmontaigne.com

Committee Chairs & Contributors

Audit	Daniel Ashworth PhD, CSP, CFEI, CFPS dashworth@bwxt.com
Communication	Bob Calhoun CSP, CPEA
Governmental Affairs	Bob Drane, MS, CSP, ASP, OSHS rldrane1994@gmail.com
Nominations & Elections	Daniel Ashworth PhD CSP, CFEI, CFPS dashworth@bwxt.com
Membership	Glenn Hargrove, CIH, CSP, PG, CHMM; GHargrove@FandR.com
Programs	Carlton Davis, MSOS, CSP cdavis@transmontaigne.com
Past President	Daniel Ashworth PhD CSP, CFEI, CFPS dashworth@bwxt.com
Newsletter	Bob Calhoun CSP

Upcoming Meetings & Events

All Face-to-Face Events Are Pending

In this Newsletter

- Newsletter Contribution Contest
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- Newsletter Ventures
- DRIVE SMART Virginia Virtual Safety Series
- A New Year's puzzle



STAR VALLEY CHAPTER MONTHLY MEETINGS

Due to the pandemic, physical monthly meetings of the Star Valley ASSP Chapter will not be held until further notice however:

VIRTUAL MEETINGS are being planned using the ASSP Region 6 format and materials!

Periodic newsletters are still being published so provide any information, news of note or greetings to Bob Calhoun:

rpcalhoun@bwxt.com/434-382-9212

Newsletter Contribution Contest

The Chapter had created a contest for members who sponsored new Chapter members. Unfortunately, the contest expired with no one meeting the criteria. So a new contest has been created for members who contribute to the newsletter. Contributors are eligible to enter a drawing to win an original abstract painting created by our own **Glenn Hargrove**. The painting, titled "Can You See Me Now", as shown below, incorporates the hues typically associated with high viz wear. This work is a 14" X 14" stretched canvas painting.

Hats off to Glenn for providing the awesome painting and best of luck to all participating in the contest





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New Year's Resolutions to improve safety at your workplace

As the Industrial Safety and Hygiene News reports, the start of a new year is a good time for safety professionals to take stock of the safety status quo at their company and find ways to fix problems or to take the company's safety culture to the next level. Ten suggestions for New Year's resolution for safety professionals are provided below:



1. Work with Human Resources to make sure the right people are hired. Not only do prospective employees need to required training, education and skills for the job that's being filled, they need to be able to work effectively with others. A background check that includes social media postings may uncover a propensity for hate speech or other forms of hostility and could indicate a potential for workplace violence.
2. Work closely with new workers to ensure that they are aware of safety procedures. Check in with them after 30 days to assess their adherence to and understanding of company policies.
3. Review your company's safety training. Is it effective? Does it need freshening up? Consider implementing Visual Literacy skills in your training sessions.
4. Consider using incentives – but use them the right way to get the results you want. Don't make the mistake some companies do of rewarding production over safety.
5. Take steps to limit ergonomic injuries. They may not be as dramatic as other types of workplace injuries, but MSDs, carpal tunnel syndrome and other forms of injury caused by lifting wrong or repetition can result in lost time and affect productivity.
6. Make sure you and at least some workers are trained in basic first aid, AED use and two-step CPR. A recent poll found that most Americans are not prepared to handle a medical emergency.
7. Educate yourself about suicide prevention. Whether a suicide takes place in the workplace or at home, if an employee you supervise is at risk, you can intervene and make sure that person gets the help he or she needs.
8. If your company doesn't have a workplace wellness program, start one.
9. Refresh your knowledge of PPE standards. Requirements for foot protection, FR clothing and electrical safety are regularly revised. Are you up to date on them?
10. Pay attention to your own safety, health and well-being. A safety professional has a tremendous responsibility: to make sure employees go home at the end of the day or shift unharmed. One way to do some self-care is to practice mindfulness, which can help you to feel less overwhelmed by and anxious about your duties and better able to cope with negative thoughts.

Source: Industrial Safety & Hygiene News: <https://www.ishn.com/articles/112013-new-years-resolutions-to-improve-safety-at-your-workplace>

Stay Connected! Review your Communications Options with ASSE:
Click here to update your address, email and more.



Social Media:



Support the future, support the
Foundation

Join us at the Star Valley Facebook page: <https://www.facebook.com/starvalleyasse>



The Star Valley Chapter wishes everyone
a safe and prosperous New Year





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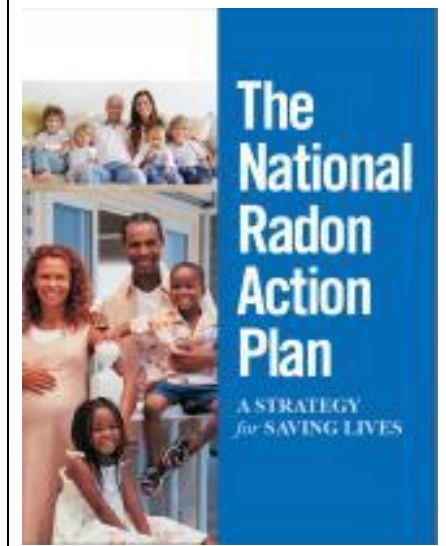
National Radon Action Month

The National Radon Action Plan is a strategy for Saving Lives that is the cornerstone for National Radon Action Month. It outlines the framework for reducing radon risk in 5 million homes and saving 3,200 lives annually by 2020. Read the [press release](#).

This Plan represents a collaborative effort between eleven organizations dedicated to eliminating avoidable radon-induced lung cancer in the United States. Led by the American Lung Association, the national radon workgroup agreed on a framework for action aimed at incorporating radon testing, radon mitigation and radon-resistant construction into systems that govern purchasing, financing, constructing and renovating homes and other buildings.

This framework builds on [early federal action](#) that generated baseline progress by incentivizing radon action, testing for and mitigating high radon levels, and increasing visibility of the radon issue. Visit [RadonLeaders.org](#) **EXIT** to see the progress on each strategy outlined in the Plan.

See this link for resources related to National Radon Action Month:
<http://www.radonleaders.org/resources/nationalradonactionplan>



Newsletter Ventures

We're looking for suggestions and contributions for the newsletter. Here are some ideas:

- Provide a list of topics you would like to see presented virtually at monthly meetings or presented and discussed in the newsletters
- Supply us your bio to publish.
- Identify those people who have shaped your career and how.
- Recognize people who contributed to your career
- Offer your favorite recipes, vacation spots, etc.
- Identify software, equipment, websites, companies, etc. that assist job performance
- Give a shout out to your school, hometown, community etc.
- Tell us about your hobbies
- What makes you proud to be a safety professional
- List things that challenges you on the job
- List your profession pet peeves
- Provide us your birth date so we can keep track of this momentous occasion.

The newsletter is designed to be a resource. We're looking to make it fun as well.

Consider contributing, contact the newsletter editor at rpcalhoun@bwxt.com





DRIVE SMART Virginia Virtual Safety Series

Sponsored by: GEICO, State Farm, Virginia Farm Bureau Insurance, and Children's Hospital of Richmond at VCU



DRIVE SMART Virginia is excited to announce that we have just launched our Virtual Safety Series webpage! Webinars will be held through March of 2021. We have great expert speakers from across the country presenting on the most cutting-edge traffic safety topics. Thanks to the generosity of our sponsors, each webinar is FREE to attend!! Registration for each individual webinar is required.

Click the link below to learn more about these free webinars. Remember to check back in as we will continue to add webinars to this webpage as dates and speakers are confirmed. We hope you will join us for our first ever Virtual Safety Series!

[Click HERE to learn more and register for the next webinar!](#)

Upcoming Webinars:

December 10: Turning Tragedy Into Action

January 12: Distracted Driving: Past, Present, Future

February 3: Corporate Risk Management

February 17: Advanced Driver Technology to Prevent Distracted Driving

New Year's Match Game!















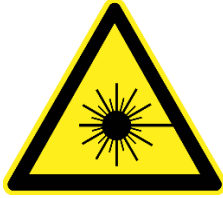



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Match the sign or label with its designated hazard

A 	E 	I 	M 
B 	F 	J 	N 
C 	G 	K 	O 
D 	H 	L 	P 

Your choices are:

- | | | | |
|----------------|-----------------------------|------------------------|---------------------------|
| 1. Acute Toxin | 5. Counter Rotating Rollers | 9. Explosive | 13. Irritant/Sensitizer |
| 2. Biohazard | 6. Fall Hazard | 10. Hand Entanglement | 14. Laser |
| 3. Caught In | 7. Electrocution | 11. Ionizing Radiation | 15. Nonionizing Radiation |
| 4. Corrosive | 8. Environmental Toxicity | 12. Insect Hazard | 16. Struck by |

