



## AMERICAN SOCIETY OF SAFETY PROFESSIONALS

Star Valley Chapter

# Newsletter

## March 2022

**MARCH IS NATIONAL LADDER SAFETY MONTH! APRIL IS DISTRACTED DRIVING AWARENESS MONTH!**


### Chapter Officers

President:	Carlton Davis, MSOS, CSP <a href="mailto:cdavistmg@gmail.com">cdavistmg@gmail.com</a>
Vice-President:	E. Stuart Bowman, MBA, CSP <a href="mailto:Stuart.Bowman@arconic.com">Stuart.Bowman@arconic.com</a>
Secretary:	Jesse D. Phillips, CIH, CSP <a href="mailto:jphillips@fandr.com">jphillips@fandr.com</a>
Treasurer:	David McCrumb (interim) <a href="mailto:David.McCrumb@elbitsystems-us.com">David.McCrumb@elbitsystems-us.com</a>
Delegate:	Carlton Davis, MSOS, CSP <a href="mailto:cdavis@transmontaigne.com">cdavis@transmontaigne.com</a>

### Committee Chairs & Contributors

Governmental Affairs	Bob Drane, MS, CSP, ASP, OSHS <a href="mailto:rldrane1994@gmail.com">rldrane1994@gmail.com</a>
Membership	Glenn Hargrove, CIH, CSP, PG, CHMM; <a href="mailto:GHargrove@FandR.com">GHargrove@FandR.com</a>
Programs	Carlton Davis, MSOS, CSP <a href="mailto:cdavis@transmontaigne.com">cdavis@transmontaigne.com</a>
Past President	Daniel Ashworth PhD CSP, CFEI, CFPS <a href="mailto:dlashworth@bwxt.com">dlashworth@bwxt.com</a>
Newsletter	Jesse D. Phillips

### Upcoming Events

April	Chapter Officer Elections
April 11	Monthly Meeting – Liberty (5:00 pm)
May 9	Monthly Meeting – Bedford (5:30 pm)
June 1	A Night Out at the Ballpark with the Lynchburg Hillcats 

### In this Newsletter

- March Meeting Minutes and Details
- April, May, and June Meeting Details including A Night Out at the Ballpark!
- Elections
- Speaker Bio – Dr. Diana Schwerha
- Additional Resources for Virtual Lunch and Learns
- House of Delegate Update
- Regional Operating Committee note
- From the Membership Chair
- Severe weather!!
- Professional Development Conference Teaser

### APRIL 2022 MEETING DETAILS:

#### EXOSKELETONS

Mark your calendar; April will be a great presentation hosted by Liberty University.



**Dr. Diana Schwerha**, Professor of Industrial and Systems Engineering, will be presenting on **Exoskeletons** and, more to the point, will have some for some **hands-on** demonstration.



Please plan on coming out to join us for this exciting and informative event.

**NOTE the earlier start time than our typical meetings: 5pm. We will likely also conduct elections at this time**

See page 4 for Dr. Schwerha's bio

When: **Monday April 11 @ 5:00 pm**

Where: **1971 University Blvd - Demoss Hall 3285  
Lynchburg, Virginia, 24515**

Registration information is found on our webpage

<https://starvalley.assp.org/events/star-valley-assp-april-meeting/>

- Upon login and registration, an **accompanying email** will be sent with the details after some period.
- Please sign up! **REGISTER HERE**

### 2022 ELECTIONS

National and Location Elections are in progress.

Candidates needed for all positions! See Page 3.



**RUN FOR OFFICE!**

**Throw your hat in the ring!**





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## March Meeting Minutes

The March 2022 Meeting was held **in person** and hosted 12 attendees at Corned Beef and Company; a happy hour kicked off the meeting on March 14, 2022. The meeting was initiated by President Carlton Davis and included attendee introductions followed by Chapter business. The meeting also included a meal and a presentation by Bob Drane after Chapter Business.

### Chapter Business

#### • Upcoming 2022-2023 Elections

- Candidates for all offices, chair, and committees are welcome;
- ASSP offers **Officer Training School**; this is now a VIRTUAL training and it is open to anyone in ASSP, whether the individual holds a formal position or not.
  - See below for Election Details including available positions

#### • Upcoming meetings (see details below as well)

- **April 11** – Liberty – Exoskeletons with Dr. Schwerha (note start time of 5 pm)
- **May 9** – Bedford – What to do when OSHA arrives with David McCrumb (5:30-7:00 pm)
- **June 1** – Calvin Fallwell Field – A Night at the Ball Park (6:30 pm game time, meet at 6:00)

#### • Professional Development Conference – SAVE THE DATE! See page 4 for details

#### • House of Delegates Vote report – See page 6 for details on votes for two recent motions

### Presentation:

The Chapter was honored to have our own **Bob Drane** speak on “Controlling Hazardous Energy – Lockout and Tagout”. Bob provided a very informative presentation and offered to share a LOTO form he has developed. Reach out to him directly if you are interested!

### Closing Remarks:

Bob was thanked for his presentation and his willingness to share his expertise.

Bob followed up with two cases related to control of energy which resulted in large fines:

- An electrical construction company failed to follow required safety standards that could have prevented the [fatal electrocution of two teenaged apprentices](#)
- An auto parts seller was fined \$1.2 million for 33 workplace safety and health violations after [a worker's hand was crushed](#)

## UPCOMING: May 2022 Meeting

May 9, 2022; 5:30 pm - 7:00 pm

**REGISTER NOW and keep your eyes open for the venue details to change**

Mark your calendars to join us for a discussion of “**What to do when OSHA arrives**” led by David McCrumb. This may be a crucial part of your organization’s planning.

The venue is still to be determined (hopefully Bedford, VA). More details will be added soon.



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## UPCOMING: June 2022 Meeting – A Night at the Ballpark

Star Valley at the Lynchburg Hillcats June 1, 2022; 6:00 pm - 9:00 pm

Mark your calendars to join us for a picnic at the ballpark with the Lynchburg Hillcats (who will host the Carolina Mudcats. This is a great opportunity to introduce your coworkers to ASSP or let your family know who these people are that you have been spending random Monday evenings with!



We have the third base picnic area reserved with **all you can eat ballpark food** (burgers, hotdogs, and the sides, including soft drinks). This typically runs from 6:00-7:30. **The game starts at 6:30pm but plan on coming early.** As in years past we will have an opportunity for someone to throw a “**first pitch**”.

This event is family & guest friendly. We always shoot for at least 20 attendees to have it beneficial for both us and the Hillcats baseball team.

Tickets are \$26/adult and \$21/child (Under 12; 3 years and under are typically free). Tickets include entry to the game as well as the all you can eat buffet. We do not currently have payments set up through the website, **so please RSVP**, but know that payment will need to be made onsite. Contact Jesse Phillips to RSVP ([jphillips@fandr.com](mailto:jphillips@fandr.com) or 540.537.8232 - text or call)

Venue: Calvin Falwell Field @ Banks of the James Stadium

Address: [3180 Fort Ave, Lynchburg, Virginia 24501](#)

## National & Local Elections

### Local

The opportunity for members to serve in a variety of chair positions is crucial for a robust Chapter and allows sharing of responsibilities. Please consider nominating yourself or others; reach out to Jesse Phillips ([jphillips@fandr.com](mailto:jphillips@fandr.com)). Election will take place in person during the April meeting.

### National

Get to know the 2022 ASSP Elections Final Slate of Candidates and Cast your Ballot by March 31 <https://www.assp.org/membership/elections>  
You should have received an email with a personalized link to vote in this national election.

Position	Current Occupant	Current Candidates*
Chapter President	F. Carlton Davis, MSOS, CSP	Incumbent
Delegate		
Programs Chair		
Vice President	E. Stuart Bowman, MBA, CSP	Bob Drane, MS, CSP, ASP, OSHS
Treasurer	David McCrumb (Interim)	David McCrumb
Secretary (and Newsletter Editor)	Jesse D. Phillips, CIH, CSP	Incumbent
Government Affairs Chair	Bob Drane, MS, CSP, ASP, OSHS	Incumbent
Membership Chair	E. Glenn Hargrove, CIH, CSP, CHMM, PG	Incumbent
Nominations & Elections Chair	Vacant	Open
Jobs Chair	Vacant	Open
Foundation liaison	Vacant	Open

\*Unopposed incumbents will retain their position.



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## About Our April Meeting Presenter

**Dr. Diana Schwerha** is a Professor of Industrial & Systems Engineering at the **Liberty School of Engineering**

Dr. Shwerha earned her Doctor of Philosophy in Industrial and Management Systems Engineering, a Graduate Certificate in Gerontology, and her Master of Science in Occupational Hygiene and Occupational Safety from West Virginia University, Morgantown, WV

Dr. Shwerha has also earned TWO Master of Arts degrees: one from University of Pittsburgh in Fine Arts and one from Duquesne University in History

Her undergrad studies were completed at Mary Washington College in Fredericksburg, VA where she earned a Bachelor of Science in Chemistry

Dr. Shwerha specializes in Human Factors and Ergonomics, Quality, and Emerging Technologies and has published dozens of papers, journal articles, and technical reports and has presented at a variety of conferences for over two decades.

Dr. Shwerha is hosting the April Meeting at Liberty University where her expertise in exoskeletons will be on display. **The hands-on aspect is NOT TO BE MISSED!** Check out her bona fides here:

<https://www.liberty.edu/engineering/faculty/diana-schwerha/>

## Additional Resources for Lunch and Learn Events

**Star Valley** wants to offer additional resources to our membership & we realize that not everyone can attend evening events. Over the next few months we will be working to partner with other **chapters in our region** who offer **Hybrid Lunch & Learn** events as a way to enhance our offering to our community. Until we work out all the details, please look at these options:

- **Tarheel Chapter (North Carolina)**
  - April 7th (12p-1p), **Virtual meeting: A Case Study: Trips, Lifts, Cuts, Fires & Spills Program.**  
<https://tarheel.assp.org/events/april-2022-virtual-chapter-meeting/>
  - May 5th, (12p-1P), **Hybrid meeting on PFAS & Toxic Release Inventory (TRI) reporting.**  
<https://tarheel.assp.org/events/may-2022-in-person-chapter-meeting/>
- **Greater Tidewater Chapter (Virginia)**
  - April 13 (11:30a-1p), **The Biological Basis of Complacency**, Register on their website:  
<https://tidewater.assp.org/events/april-gtc-meeting/>

## House of Delegates Update

- The National HoD has APPROVED two motions that had been in deliberations for some time:
  - **Motion 1:** Grant real estate transaction authority to the Board of Directors to sell ASSP's headquarters building in Park Ridge, IL. **Approved**
  - **Motion 2:** Approve revised bylaws enacting the governance changes approved by the Board of Directors. **Approved**
    - Our Chapter had recommended to vote YES on Motion 1 and NO on Motion 2.
- Details can be found here: <https://www.assp.org/about/assp-governance>
  - Next steps include working to complete the sale of the Park Ride, Illinois property and updating [bylaws](#) on the website.



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## Regional Operating Committee

- The Region VI Operating Committee took place on March 24-25 and comprises a periodic business meeting.

## A Note from the Chapter Membership Chair

Hello to everyone, this is [Glenn Hargrove](#), your local Star Valley Membership Chair. I wanted to let everyone know that we had our first in person meeting in Roanoke a couple of weeks ago and it was fantastic seeing everyone in person again after such a long, extended period of virtual meetings. I was looking at the most current roster the other day and noted that we have almost 300 active members here locally but we rarely have more than a dozen or so members show up for our monthly meetings. These meetings are very pleasurable to attend with great comradery among individuals that share a common theme, good food and drinks, and a great presentation. We will be wrapping up our pre-summer meetings soon and I want to encourage everyone to come out for the next couple if you can. I especially encourage as many as possible to attend the baseball game, scheduled in Lynchburg for June 1. You will get the notice in plenty of time to plan for the trip. These are a lot of fun to attend and exciting to watch the game. And some lucky ASSP member will get to throw out the first pitch!

I hope everyone is well, we all thank you for your continued support of our fine organization and encourage you to mention us to a friend or colleague and suggest they join.-- **Glenn Hargrove, Membership Chair**

## Severe Weather!

We are fast approaching that time of year when the threat of **severe weather** can strike anyone and anywhere on the job site. [According to the United States Department of Commerce National Oceanic Atmospheric Administration \(NOAA\) National Weather Service](#): "While severe thunderstorms can occur any month of the year, the peak severe weather season is during the spring months of March, April, and May."



As an interesting piece of trivia, did you know that the official definition of a thunderstorm has nothing to do with the amount of rainfall or even lightning strikes? According to the NOAA, the [official definition](#) is based on three criteria: the storm must produce winds in excess of 58 miles per hour; the storm must produce hail with a diameter of one inch or larger; and the storm must be capable of producing tornados.

While severe weather can be a threat to anyone in the storm's path, it is those individuals out in the open who are especially vulnerable. This would include, to mention only a few, construction crews during early stages of construction projects, roofers, power company linemen, agriculture, forestry, outdoor entertainment, etc. And despite not including lightning in the definition of a thunder storm, up to 50 people die each year and scores of others are injured after being hit by lightning. The Occupational Safety and Health Administration (OSHA) has an informative [Fact Sheet](#) regarding safety procedures that can be followed to reduce the risk of lightning strike and can be downloaded from this URL <https://www.osha.gov/sites/default/files/publications/OSHA3863.pdf>:

One essential key to coping with severe weather is preparedness. And one essential key to preparedness is awareness. For all work place settings, there should be a designated individual responsible to be in tune with the local weather forecast for any given day and to even check for updates to the weather during the day. This is essential during times when severe weather is forecast and crucial for outdoor crews in harm's way. In our current era of high technology hand-held devices, there is absolutely no excuse to not be aware of weather conditions. While not an endorsement, the personal favorite of this author is an app called "[Weatherbug](#)". This app will show you radar, anticipated hourly conditions, and issue alerts for impending weather. Information for this handy app can be found here: <https://www.weatherbug.com/>





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Finally, there is a very informative article in the March 2022 issue of the [Professional Safety Journal](#) that discusses severe weather and effective preparedness. The article, written by professional meteorologist Courtland Keith, lays out six steps of preparation for professional safety managers. One of the more intriguing steps is Step 6 which advises Safety Managers to evaluate, after a severe weather event has been experienced, the effectiveness of the preparations detailed in Steps 1 through 5. This is sage advice and all too often after the crises has ended, and hopefully we have come through it unscathed, there is the tendency to heave a huge sigh of relief and then get back to work. We should always be thinking of continuous improvement and there is no better way to learn than to evaluate a recent event and especially while it is fresh in everyone's memory.

I hope everyone can stay safe and enjoy the spring weather coming soon. - E. Glenn Hargrove, CIH, CSP

## ASSP Safety 2022 Professional Development Conference and Exposition



**Save the Date!**

**ASSP Region VI 2022 PDC**  
**September 14 - 16**  
**Grand Strand at**  
**Kingston Plantation Resort**  
**Myrtle Beach, SC**

AMERICAN SOCIETY OF  
**SAFETY PROFESSIONALS**  
 Region VI

The ASSP Region VI [Professional Development Conference \(PDC\)](#) is scheduled for **September 14-16** at the [Kingston Plantation Resort](#) in Myrtle Beach, SC located at 9800 Queensway Blvd, Myrtle Beach, SC.

Registration for attendees is scheduled to open in April but mark your calendars now. For complete details and to register online visit <https://RegionSixPdc.com>.

Attendees will receive 1.2 Continuing Education Units, CEUs (currently pending approval).

There will be group discounts available, early registration discount, and, even if you don't have a group, there are opportunities for **individual discounts**. The easiest is the **Liaison Program**. The chapter has been asked to try for at least one liaison volunteer & a second (back-up) if possible. The liaison is responsible for introducing the speakers during the PDC, that's basically it, & for your time you can receive a discount to your PDC registration.

If you are interested in representing Star Valley Chapter as a Liaison, please reach out to Carlton Davis, chapter president.



Join us at the Star Valley LinkedIn Page:

<https://www.linkedin.com/company/assp-star-valley-chapter>



**Newsletter Contributions Needed Please consider submitting comments, news, etc. to share in the newsletter**