



AMERICAN SOCIETY OF  
**SAFETY PROFESSIONALS**  
Star Valley Chapter

# Newsletter

## December 2023

This December we continue focus on [Holiday Safety](#)

### Chapter Officers

President:	Carlton Davis, MSOS, CSP <a href="mailto:cdavistmg@gmail.com">cdavistmg@gmail.com</a>
Vice-President:	Bob Drane, MS, CSP, OSHS <a href="mailto:rldrane@liberty.edu">rldrane@liberty.edu</a>
Secretary:	Jesse D. Phillips, CIH, CSP <a href="mailto:jphillips@fandr.com">jphillips@fandr.com</a>
Treasurer:	David McCrumb (interim) <a href="mailto:David.McCrumb@elbitsystems-us.com">David.McCrumb@elbitsystems-us.com</a>
Delegate:	Carlton Davis, MSOS, CSP <a href="mailto:cdavis@transmontaigne.com">cdavis@transmontaigne.com</a>

### Committee Chairs & Contributors

Governmental Affairs	Bob Drane, MS, CSP, ASP, OSHS <a href="mailto:rldrane1994@gmail.com">rldrane1994@gmail.com</a>
Membership	Glenn Hargrove, CIH, CSP, PG, CHMM; <a href="mailto:GHargrove@FandR.com">GHargrove@FandR.com</a>
Programs	Carlton Davis, MSOS, CSP <a href="mailto:cdavis@transmontaigne.com">cdavis@transmontaigne.com</a>
Past President	Daniel Ashworth PhD CSP, CFEI, CFPS <a href="mailto:dashworth@bwxt.com">dashworth@bwxt.com</a>
Communication	Amanda C Sandidge Engstrom, CIH <a href="mailto:StarValleyASSPComm@outlook.com">StarValleyASSPComm@outlook.com</a>

### Upcoming Events

Jan 8	January Chapter Meeting
Jan 18	Webinar: Driving Safety Success Via Community & Connection
Feb 12	February Chapter Meeting
Feb 12-16	SafetyFOCUS Winter Session Irvine, CA and Online
Feb 19-23	SafetyFOCUS Winter Session Online

### In this Newsletter

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- Upcoming Meetings
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- Student Chapter Graduates



### Safety Minute

Have you driven past an old job site and thought of the work you did or the projects you were part of? While some may not have been fun at the time, they may now be a fond memory or a great story! We would love to feature those stories and lessons learned in future newsletters. Chapter members can email submissions to [Star Valley ASSP Comm.](mailto:StarValleyASSPComm@outlook.com)

### Chapter Recognition



**GOLD LEVEL CHAPTER**  
2022-2023

### 2023 ELECTIONS

Local Election Candidates needed for all positions! See Page 5.



**RUN FOR OFFICE!**

Throw your hat in the ring!





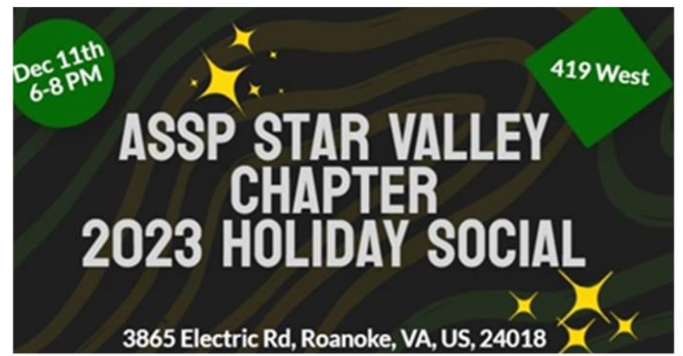
# Star Valley Chapter Newsletter

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## December Chapter Meeting

A huge holiday thank you to those who came out to the Annual Star Valley Chapter Holiday Social! We had a great time discussing the upcoming chapter year and connecting with colleagues, family, and friends.



As we look to the new year we continue to be committed to supporting safety education and community. We would love to see some new faces and reconnect with current ones at upcoming gatherings!

## Upcoming Chapter Meetings

Be sure to register for upcoming events at <https://starvalley.assp.org/event/>

- **January 8th 6-8pm – Help Us Shape the Future of our Chapter**
  - Location: **TBD**
  - Topics to cover will include chapter name, membership participation, future events, and outreach programs.
- **February 12th 6-8pm – Chapter Meeting**
  - Location: **TBD**



## Chapter Member Spotlight

December's chapter member spotlight shines on John Domas of Chalmers & Kubeck South. John works out of Rustburg, VA but the company is based in Watkinsville, GA with branches throughout the SE (8 total – GA, AL (Decatur and Mobile), Chattanooga TN, Gastonia, NC, Cayce, SC, and Mulberry, FL.)

**1) How long have you worked in the EHS field?**

- a. Since August of 2018

**2) What are some things outside of work that you enjoy?**

- a. Sailing, darts, trapshooting (10x member of VA State team).

**3) How did your career in EHS start?**

- a. I worked for 21 years in field service and production. I completed my BS in Management while on the road. After completing my degree in December 2017, I asked to be transferred out of field service and they offered me the position as the Safety & Compliance Manager. I took it but quickly realized there was a lot more to it than I originally thought. I returned to school in 2019 and completed a MS in Occ. Safety & Health graduating in 2022.



**4) What do you like most about the EHS field?**

- a. Being able to help new employees work safely and passing on what I know about our products and how to work safely with them. We are a distributor for industrial flow control equipment including safety/relief valves and electric valve actuators. I was the field service tech for actuators in VA, NC, WV, DC, and parts of MD.

**5) What has been your favorite moment of your (EHS) career so far?**

- a. Acknowledgement from the CEO on how much better our safety record and culture has become.

**6) How does your current job role support EHS initiatives?**

- a. I'm the only person in our Safety Department so if changes in policy need to be made I'm the only one to determine what and when they are made. If there is a change in regulation, I implement the change and train the employees. We are a small company (around 160 employees) but cover a large area.

**7) What is the most cool/complex/impressive project you've worked on so far?**

- a. Currently working on a site-specific safety plan for a customer where all work is taking place at several hydroelectric facilities. Some unique hazards (for us) and a lot of research into what we need to do. I've been working closely with the Safety departments at these facilities to make sure everyone is satisfied that the plan will prevent injuries

**8) What hot EHS topic do you keep your eye on most?**

- a. Right now, it's the Heat standard OSHA is creating. We work in a lot of hot locations (power plants) and luckily have not had any recordables related to heat. We do follow the recommended practices for heat exposure, but if OSHA gets overly restrictive with heat



exposure, we will not be able to effectively perform our work. Some locations can get up to 140F when the plant is on-line, but this is rare and we only need to spend a few minutes in that type of heat.

**9) What would you like to see in the future for EHS?**

- a. Continuity between different companies that we work for, specifically in the same industries. There is a lot of disparity between how companies adhere to certain OSHA regulations that makes it difficult for myself and our technicians to keep up with. As an example, Dominion Energy, Duke Energy, Southern Energy (GA & AL Power) all have different policies (as can be expected) concerning LOTO and Fall protection. Our techs can be at plants for each of these in the same week and it can get confusing on which procedure they are following. There were times when I was in field service that I went to 4-5 different plants in a week, each with a different procedure. There are even differences between plants owned by the same company..

If you would like to participate in the Member Spotlight please email [StarValleyASSPComm@outlook.com](mailto:StarValleyASSPComm@outlook.com)





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## Local Elections

The opportunity for members to serve in a variety of chair positions is crucial for a robust Chapter and allows sharing of responsibilities. The election committee will be set up in September with election taking place in April 2024.

Position	Current Occupant	<b><u>CALL FOR CANDIDATES</u></b>
Chapter President	F. Carlton Davis, MSOS, CSP	<p><b>Please consider nominating yourself or others; reach out to Jesse Phillips (jphillips@fandr.com).</b></p>
Delegate	F. Carlton Davis, MSOS, CSP	
Programs Chair	F. Carlton Davis, MSOS, CSP	
Vice President	Bob Drane, MS, CSP, OSHS	
Treasurer	David McCrumb (Interim)	
Secretary (and Newsletter Editor)	Jesse D. Phillips, CIH, CSP	
Government Affairs Chair	Bob Drane, MS, CSP, ASP, OSHS	
Membership Chair	E. Glenn Hargrove, CIH, CSP, CHMM, PG	
Communications Chair	Amanda C Sandidge Engstrom, CIH	
Nominations & Elections Chair	Vacant	
Jobs Chair	Vacant	
Foundation liaison	Vacant	

**Want to know more about a specific position? See the summaries below for additional insight!**

Position	Summary
Chapter President	<ul style="list-style-type: none"> <li>• Preside at regular and special meeting of the Executive Committee and the membership.</li> <li>• Represent the Chapter at meetings of other organizations.</li> <li>• Be a member of the Area / Regional Operating Committee.</li> <li>• Provide leadership for programs and activities for the Chapter.</li> <li>• Appoint committees necessary to implement objectives of the Chapter.</li> <li>• Submit an Annual Report of Chapter activities.</li> <li>• Submit the names of Chapter officers and Advisory Group Members</li> </ul>
Vice President	<ul style="list-style-type: none"> <li>• Succeed to the office of the President and carry out its duties if the President is unable to serve.</li> <li>• Assume responsibilities for the work of committees as assigned by the President.</li> </ul>
Secretary	<ul style="list-style-type: none"> <li>• Maintain Chapter records.</li> <li>• Record and distribute minutes of meetings.</li> <li>• Notify Chapter members of meetings.</li> <li>• Assume the duties of the Treasurer as necessary.</li> </ul>
Treasurer	<ul style="list-style-type: none"> <li>• Maintain all financial records of the Chapter.</li> <li>• Supervise the receipt and disbursement of funds.</li> <li>• Maintain Chapter funds in a depository.</li> <li>• Transmit to Society Headquarters the audited income &amp; expenses.</li> <li>• Submit to the IRS any required tax documents.</li> <li>• Assume the duties of the Secretary as necessary.</li> </ul>

**Full descriptions are available in the [Chapter Bylaws](#)**





## Upcoming Education



### Culture Catalysts: 6 Safety Success Factors for Supervisors

January 18<sup>th</sup>, 2024

11:00AM-12:00PM CT

0.10 Continuing Education Units

See the registration page for pricing. Register at [store.assp.org](https://store.assp.org)

### Summary

Sponsored by Ideagen

Organizations with best-in-class safety performance have unique recipes for success because they've built a culture based on community and connection. Examine your organization's culture, assess its appetite for safety change, explore ways to leverage current momentum and identify ways to use your influence to impact workers' experience.

### What you Will Learn

- Define key terms, including culture and community, and how they impact safety performance
- Discuss ways to assess your organization's current safety appetite
- Identify strategies to communicate effectively using limited resources

### Safety Minute- Introducing The Prez Sez

Please enjoy the piece below from ASSP Star Valley Chapter Presidential Nominee Glenn Hargrove, CIH, CSP, CHMM, PG.



With the advent of cell phones, email, and virtual meetings, the old mailroom style distribution systems have almost become an item of a bygone era. We have one where I work but items appear in the box on such an infrequent basis that I usually only check it once or twice a week. A few months back I was surprised to see the current edition, for that month, of GQ magazine. Thinking it had been placed in the wrong box I checked the address label to see who it should have gone to and was surprised to see it was addressed to me! It continues to come about every other month and I have never been solicited for payment.

GQ is all glitz and glamour for men and is about as far removed from health and safety as bacon is from oatmeal. However, I still take a few minutes to thumb through the pages and usually there is at least one article that I find engaging in each issue. The latest edition was labeled The 2023 Men of the Year (MOTY) Issue and I guess it is GQ's way of closing out the year. And, towards the tail end of the magazine was an article I read and enjoyed titled MOTY 2023 Comeback of the Year.

Continued on Page 7



1Photo From Newsweek.com

(Continued from page 6) If you are a fan of professional football you probably remember and perhaps were even watching the Monday night match-up between the Buffalo Bills and the Cincinnati Bengals in January 2023. About half way through the first quarter a Bengal's receiver caught a pass and was tackled by Bill's safety Damar Hamlin. Hamlin fell to the turf, got up for a couple of seconds, and then collapsed. We are used to seeing football players get injured and often require medical treatment on the field and are then carted off for further examination and treatment. But this seemed different-a sense of foreboding and deep concern on the playing field. Players wandering aimlessly, crying, praying, and the Bill's training staff were working feverishly, administering CPR to Hamlin.

Eventually, Damar was evacuated in an ambulance and the game was cancelled. What had transpired was an extremely rare condition called commotio cordis. The condition is brought about by a blow to the chest of a specific force that comes within a 20 to 40 millisecond window of the heart beat's cycle which results in cardiac arrest. Damar's heart had stopped beating and if not for the quick actions of the Bill's training staff administering CPR and the use of an AED, Hamlin would have died.

Which brings me to the point of this little article. We should all be familiar with what an automated external defibrillator or AED is, how to work it, and be alert to the presence of such devices in public spaces. The AED is fairly simple to use and can analyze a cardiac arrest victim's heart rhythm and, if necessary deliver an electric shock, which is the defibrillation, to assist the heart to re-establish a heart beat. Next is a link to a public access video that demonstrates how to use the AED when needed: <https://youtu.be/ckUvaQ-z4xA?si=gixv97WD-3h7hAhd>

And you can learn more about AED at the Red Cross site with link here: [https://www.redcross.org/take-a-class/aed/using-an-aed/what-is-](https://www.redcross.org/take-a-class/aed/using-an-aed/what-is-aed#:~:text=An%20AED%2C%20or%20automated%20external,red%2Destablish%20an%20effective%20rhythm)

[aed#:~:text=An%20AED%2C%20or%20automated%20external,red%2Destablish%20an%20effective%20rhythm](https://www.redcross.org/take-a-class/aed/using-an-aed/what-is-aed#:~:text=An%20AED%2C%20or%20automated%20external,red%2Destablish%20an%20effective%20rhythm)

So why was Damar Hamlin the GQ 2023 MOTY Comeback of the Year? Amazingly, this past October Damar suited up and played professional football again for the Buffalo Bills. And this wasn't suit up and take a snap for a photo-op-this was real play. Buffalo continues to use Hamlin as a defensive player and, with any luck, the team could fare well in the play-offs this year.





## Recent ASSP Star Valley Graduate Members

# ConGradulations!



Each year in May and December, ASSP student members who graduate are automatically enrolled in one free year of full membership with the society. The following students graduated and joined the Star Valley Chapter as members recently:

**Nana Manu**  
**Joseph Mayer**

**Newsletter Contributions Needed** Please consider submitting comments, news, etc. to share in the newsletter