Chapter Officers

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Committee Chairs & Contributors

Audit    Daniel Ashworth CFEI, CFPS
Communication Bob Calhoun CSP
Governmental Affairs Open
Nominations & Elections James Calvert PhD CSP, CHMM jacalvert@bwxt.com
PDC Liaisons Kathy Warwick & Brandon Webb
Past President James Calvert PhD CSP, CHMM

MONTHLY MEETING Thursday April 5th

Topic: Changes to the walking working standard by OSHA Consultation Services

Time: 12:00 – 1:00 pm Lunch & Program

Cost: We will be ordering off the menu

Location: Corned Beef & Company
107 S Jefferson St, Roanoke, VA
(540) 342-3354

Member Spot Light

We are looking to recognize our membership. If you would like to share your bio, contact Bob Calhoun.

Position Opening LANDIN, INC.

The Landin Companies, an established Third Party Worker’s Compensation Administrator, is in search of an Occupational Safety and Health/Loss Control Consultant to take charge of the Western Virginia territory.

The successful candidate will travel to clients primarily in the Western Virginia Region to evaluate safety practices in the field and recommend improvements to client safety programs. This individual will possess strong analytical abilities, exceptional communication skills, report writing skills, and a solid construction safety background.

Requirements:

• Prefer 3 years construction safety experience
• Degree in safety or technical field. If no degree an additional 2 years safety experience is desired.
• Knowledgeable of OSHA Construction and General Industry regulations

This is an excellent opportunity to apply your analytical skills and experience in the safety field, to assist clients in the improvement of their safety programs.

We offer a competitive salary, company vehicle and a competitive benefits package.

If interested, send resume to: oshadmin@landininc.com

In this Newsletter

- March meeting recap
- House of Delegates news
- OSHA Bulletins and recordkeeping
- Spring weather preparation
- Slip, trip, fall Expo

April is Distracted Driving Awareness Month
March Star Valley Chapter Meeting Recap

The March meeting of the Star Valley Chapter of ASSE was called to order by president Daniel Ashworth at Vinnie’s Italian Grill in Lynchburg, VA with six members in attendance. The following topics were covered as this meeting was dedicated to chapter business.

CHAPTER BUSINESS

- Future Chapter meetings
  - April 5th (Thursday) Noon meeting at Corned Beef & Co. features “Changes to the walking working standard” by OSHA Consultation Services
  - May will feature a tour of Roanoke-Blacksburg Regional Airport Tour
  - June we have night out at the ballpark with the Salem Red Sox. Dining choices will be distributed as soon as they are received from the Red Sox.
  - A call went out for speakers, topics and meeting locations for next year

- Committee chairpersons and/or members are still needed for Chapter committees including:
  - Audit
  - Awards and Honors
  - Foundation Activities
  - Governmental Affairs
  - Membership
  - Newsletter
  - Professional Development
  - Programs
  - Public Relations
  - Regional Operating Committee
  - Strategic Planning:
  - Officer Nominations & Elections.

  - Officer Nominations & Elections.
    - Nominations and Elections Committee Members are needed
      - The call went out for President, VP, Secretary, Treasurer and Delegate candidates.
      - The Nominations & Elections Committee is required to select qualified candidates for all elective offices. Candidates’ names and qualifications will be published and distributed to the Chapter membership at least 30 days in advance of the election
      - Election of officers for the ensuing year shall be held no later than the May meeting

- Regional Operating Committee meeting
  - Will be held March 23-24 and will be attended by Daniel Ashworth.

- Delegate.
  - A proxy is needed to support the House of Delegates meeting at Safety 2018 in San Antonio. Anyone attending the PDC can represent the Chapter. A commitment is needed by May 31, 2018

- Launch of ASSP activities and respective dates:
  - Chapter tax filings
  - Feb – March chapter service offerings (jump sign/table drape offerings)
  - ASSP officially launched at Safety 2018 in June
  - Society will be offering branded letterhead, flyers, certificates of recognition, name badges and other items with new logo

- New website design:
  - The Society offered six designs to choose from in green, yellow and gray. The Executive Committee voted and chose the “Aeolus Green” design. This design will be launched soon.

- Plans:
  - Methods to provide benefit to the membership are being considered including publicizing job openings and other, conferences, meetings, networking opportunities, best practices. A committee needs to take ownership of this topic. Volunteers are needed as are items to share for publishing
  - The Chapter is looking for meeting and newsletter sponsors to help defray costs.

The meeting was concluded with a description of plans for the April meeting.

Bob Calhoun, Chapter Secretary
March meeting attendees included:
- Daniel Ashworth
- Bob Calhoun
- Frank Goodwin
- Bob Naujelis
- Joni Organ
- Bill Savage

House of Delegates Report
Based on response from the Star Valley membership, an electronic vote was made for the creation of a Council on Academic Affairs and Research. A motion will be presented at Safety 18 to create the Council that, if approved, will:
1. Consist of a Vice President, as chair; and seven (7) council Members-at-Large.
2. Be responsible for overseeing academic and research-related matters, including the development of education standards and accreditation, student engagement and research-related activities.

Note: The Chapter will require a proxy at the House of Delegates meeting at safety 2018 as I cannot attend this year. If you are attending Safety 2018 and wish to be the proxy, please contact me.

OSHA will Enforce Beryllium Standard Starting in May
OSHA will start enforcement of the final rule on occupational exposure to beryllium in construction, shipyard, and general industries on May 11, 2018. The start of enforcement had previously been set for March 12, 2018. In response to feedback from stakeholders, the agency is considering technical updates to clarify and simplify compliance. In the interim, if an employer fails to meet the new exposure limits, OSHA will inform the employer and offer assistance to ensure compliance. For more information, read the news release.

New OSHA Bulletins
New Bulletins Provide Information on Horizontal Drilling Hazards and Chemically Induced Hearing Loss
OSHA has released two new Safety and Health Information Bulletins warning of potentially serious workplace hazards. "Preventing Hearing Loss Caused by Chemical (Ototoxicity) and Noise Exposure" was published in conjunction with the National Institute for Occupational Safety and Health. This bulletin provides recommendations to employers and safety professionals about identifying ototoxicants in the workplace and establishing hearing conservation programs where these chemicals cannot be replaced.

"Avoiding Underground Utilities during Horizontal Directional Drilling Operations" highlights the hazards associated with striking different underground utilities. Horizontal directional drilling has reduced visibility compared to vertical drilling. The bulletin was based on an incident that led to an explosion at a nearby restaurant that resulted in a worker fatality.

Recordkeeping Reminder
Employers Must Post 300A Injury/Illness Summary Until April 30
OSHA reminds employers of their obligation to post a copy of OSHA’s Form 300A, which summarizes job-related injuries and illnesses logged during 2017. Each year, between Feb. 1 and April 30, the summary must be displayed in a common area where notices to employees are usually posted. Businesses with 10 or fewer employees and those in certain low-hazard industries are exempt from OSHA recordkeeping and posting requirements. Visit OSHA’s Recordkeeping Rule webpage for more information on recordkeeping requirements.
**Time to Prepare for Spring Weather by the CDC**

Spring weather can be unpredictable. When severe weather hits unexpectedly, the risk of injury and death increases, so planning ahead is necessary. It’s time to prepare for storms, floods, and tornadoes.

Temperatures can swing back and forth between balmy and frigid. Sunny days may be followed by a week of stormy weather. Sometimes extreme weather changes can occur even within the same day. Mark Twain once said, “In the spring I have counted one hundred and thirty-six kinds of weather inside of four and twenty hours.”

Thunderstorms cause most of the severe spring weather. They can bring **lightning**, **tornadoes**, and **flooding**. Whenever warm, moist air collides with cool, dry air, thunderstorms can occur. For much of the world, this happens in spring and summer.

Because spring weather is so unpredictable, you may be unprepared when severe weather hits—particularly if you live in a region that does not often experience thunderstorms, tornadoes, or flooding. And when severe weather hits unexpectedly, the risk of injury and death increases. So planning ahead makes sense; prepare for storms, floods, and tornadoes as if you know in advance they are coming, because in the spring, they very likely will.

Advance planning for thunderstorms, lightning, tornadoes, and floods requires specific safety precautions. Often by the time we are aware of an approaching storm, we have little if any time to prepare for it.

Advance planning for thunderstorms, lightning, tornadoes, and floods requires specific safety precautions. You can follow many of the same steps that you would for all extreme weather events. Keep an emergency kit on hand. Some items to include are:

- A battery-operated flashlight, a battery-operated NOAA Weather Radio, and extra batteries for both
- An emergency evacuation or shelter plan, including a map of your home and, for every type of severe weather emergency, routes to safety from each room
- A list of important personal information, including:
  - telephone numbers of neighbors, family, and friends
  - insurance and property information
  - telephone numbers of utility companies
  - medical information
• According to the American Red Cross, a first aid kit should include:
  o non-latex gloves
  o assortment of adhesive bandages
  o antibiotic ointment
  o sterile gauze pads in assorted sizes
  o absorbent compress dressings
  o non-latex gloves
  o assortment of adhesive bandages
  o antibiotic ointment
  o sterile gauze pads in assorted sizes
  o absorbent compress dressings
  o tweezers
  o scissors
  o adhesive cloth tape
  o aspirin packets (81 mg each)
  o first aid instruction booklet  (NOTE: Customize your first aid kit to meet your individual and family needs.)

• A 3–5 day supply of bottled water and nonperishable food

• Personal hygiene items

• Blankets or sleeping bags

• An emergency kit[1.08 MB] in your car

Prepare family members for the possibility of severe weather. Identify where to seek appropriate shelter. Practice the emergency plan for every type of severe weather. Show them where the emergency supplies are stored, and make sure they know how to turn off the water, gas, and electricity in your home.

Often by the time we are aware of an approaching storm, there is little if any time to prepare for it. But we do know that when spring arrives, thunderstorms, tornadoes, and floods are real possibilities. Take the surprise factor out of severe weather and prepare yourself, your family, and your home. Source: [https://www.cdc.gov/](https://www.cdc.gov/)

Join us at the Star Valley Facebook page: [https://www.facebook.com/starvalleyasse](https://www.facebook.com/starvalleyasse)

Support the future, support the Foundation

Please provide Newsletter comments, news, recommendations and submissions to Calhoun@mpinet.net
SLIP, TRIP AND FALL EXPO
Celebrating OSHA National Safety Stand-Down To Prevent Falls Week
FREE & OPEN TO THE PUBLIC | 9 am- 4 pm May 10, 2018
Business Development Center
147 Mill Ridge Road, Lynchburg, VA 24502

IDEAL FOR SAFETY PROFESSIONALS, SITE SUPERVISORS, AND WORKERS

- OSHA certificate for attendance
- Biodynamics Slip, Trip, and Fall Simulator *
- Slips, Trips and Falls training program
- Fall protection demonstration
- Stop the Bleed program demonstration
- CPR/AED & First-Aid demonstrations
- Workers' Compensation clinic
- OSHA safety training information

* First live demonstration ever in Lynchburg!

Mid State Safety
Growth Positioning Strategies