



# AMERICAN SOCIETY OF SAFETY PROFESSIONALS

Star Valley Chapter

# NEWSLETTER

## Summer 2019

**JUNE 11<sup>TH</sup> IS NATIONAL FORKLIFT SAFETY DAY! SEE PAGE 6 FOR INFORMATION**

### Chapter Officers

President:	Daniel Ashworth CSP, CFEI, CFPS <a href="mailto:dlashworth@bwxt.com">dlashworth@bwxt.com</a>
Vice-President:	E. Stuart Bowman, MBA CSP <a href="mailto:Stuart.Bowman@arconic.com">Stuart.Bowman@arconic.com</a>
Secretary:	Bob Calhoun CSP <a href="mailto:rpcalhoun@bwxt.com">rpcalhoun@bwxt.com</a>
Treasurer:	Brandon S. Webb <a href="mailto:bwebb@favors.com">bwebb@favors.com</a>
Delegate:	Bob Calhoun CSP <a href="mailto:rpcalhoun@bwxt.com">rpcalhoun@bwxt.com</a>

### Committee Chairs & Contributors

Audit	Daniel Ashworth CSP, CFEI, CFPS
Communication	Bob Calhoun CSP
Governmental Affairs	Bob Drane, <a href="mailto:robert.drane@siemens.com">robert.drane@siemens.com</a>
Nominations & Elections	James Calvert PhD CSP, CHMM <a href="mailto:jacalvert@bwxt.com">jacalvert@bwxt.com</a>
PDC Liaisons	Brandon S. Webb E. Stuart Bowman, MBA CSP
Programs	Carlton Davis, MSOS, CSP <a href="mailto:cdavis@transmontaigne.com">cdavis@transmontaigne.com</a>
Past President	James Calvert PhD CSP, CHMM
Newsletter Editor	Bob Calhoun CSP

### Upcoming Meetings & Events

- September 9<sup>th</sup> Chapter Meeting Topic TBD
- October 14<sup>th</sup> Chapter Meeting Topic TBD
- November 11<sup>th</sup> Chapter Meeting Topic TBD
- December 16<sup>th</sup> Chapter Meeting Topic TBD

### *In this Newsletter*

- May meeting Recap & Chapter News
  - Chapter Plans
  - Meeting Topic Recommendations
  - Bylaws Discussion
  - Committees
  - A Best Practice
- Chapter Officer Election Results
- Night Out at the Ballpark Highlights
- National Forklift Day
- Skin Cancer Prevention Tips



### SUMMER EDITION

### and Chapter Year Reflection

The Chapter 2018-19 featured a variety of meeting topics that included:

- September: Business meeting for charting the Chapter year
- November: Best Practice Sharing
- December: NASAs Rocket Production Plants - Michoud and Stennis, A First Hand Perspective by Vince StAngelo PE
- February: "Hazard Assessments & PPE: Are we guilty of negligence?" by Carlton Davis
- March: Business meeting feature committees, duties and benefits. Ergonomic best practices and resources
- April: A Business Case For Safety", Bob Durkee of OECS Comply
- May: Business Meeting Featuring
- June: A Night Out at the Ballpark

Membership is at 128.

Two members, **Bob Drane**, Governmental Affairs and **Carlton Davis**, Programs stepped to assume committee chairs. Several others have expressed interest in serving.

### Welcome New Member David Dyess!

**David Dyess** is a 20 year veteran of the US Navy who recently retired. While on active duty he served as the Hazardous Material and Management Supervisor and Environmental Health and Safety Trainer.

David earned a BS degree in Occupational Safety and Health from Embry Riddle Aeronautical University while stationed in Norfolk, VA.

Currently David is the Environmental Health and Safety Training Coordinator at Unique Industries in Blairs, VA. He resides in Lynchburg, VA with his wife and four children.

WELCOME DAVID!



## May Meeting Recap and Chapter News

The May 13<sup>th</sup> meeting of the Star Valley Chapter of the American Society of Safety Professional was held at Vinnies Italian Grill in Lynchburg, Va. The meeting featured the following topics.

### 1. Attendee Introductions

The meeting was begun with each attendee and guest introducing themselves. Attendees included:

- Bob Calhoun (Secretary)
- Bettie Clay
- Carlton Davis
- Beth Hoel
- Tom Milette
- Nick Nelson
- Brian Tilton
- Brandon Webb (Treasurer)

### 2. New & Old Business:

- Safety 2019: Bob Calhoun will be assisting the House of Delegates by volunteering for administrative duties the morning of the HoD meeting, then participating in the meeting. Any regional meetings will be supported as needed. He will be receiving the Chapter Achievement Award on behalf of the Chapter.

### 3. Chapter Officer Elections:

Election ends tomorrow 5/14. Results will be posted upon receipt.

### 4. Program

- a. Plans for Chapter year 2019-20 were discussed. Plans center around improving meetings and benefits to the membership.
- b. Presentation ideas were discussed including violence in the workplace, OSHA updates, VPP programs, Standard enforcement, mold issues and remediation, Lab safety, substance abuse: symptoms and testing and lone worker programsd.
- c. Meeting venues
- d. Annual ASSP Leadership Conference participation in October
- e. Increasing revenue ideas
- f. Bylaws update to identify committees, responsibilities, responsibilities and needs:
  - Standing Committees:
    - Audit (Chairperson D. Ashworth)
    - Communication (Chairperson B. Calhoun) incorporating the following committees:
      - Newsletter
      - Public Relations
    - Executive committee (new additions below):
      - Bylaws
      - Strategic planning
    - Foundation (Chair open)
    - Government Affairs (Chairperson Bob Drane)
    - Membership – incorporating the following committees:
      - Awards & Honors
      - Jobs
      - Professional Development
      - Hospitality
    - Nominations & Elections (previous past president)
    - Programs (Chairperson Carlton Davis)
    - Special Committee/Task Force:
      - Student Section Investigative Committee
      - Chapter Fund Raising



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## g. Best practices Violence in the Workplace – Active Shooter

**Nick Nelson** shared his experience regarding establishing an active shooter program at his employer. Highlights included:

- There are basically two types of workplace violence: fights and active shooter.
- An OSHA standard on the subject is expected.
- There are several responses to an active shooter: Run; Hide (with cell phones off); and Fight.
- Liabilities must be considered: criminal & civil.
- Instruct employees to always follow the instructions from police: carry no bags and keep hands in the air
- Is shooter is seen, key in on a few things such as the type of shoes worn.
- Violence could be worker on worker or domestic violence.
- Employee head counts after an event is extremely important. A notification and response system is recommended. Activate employee assistance programs
- Preparation activities should include first aid training, controlling exits, establishing a no door-propping policy, Establish rally points, invite local police for advice and provide an opportunity to become familiar with the facility; conduct an annual drill; train personnel to sense when something is not quite right. Establishing emergency response mutual aid is recommended

The meeting was concluded with a reminders of the June 3<sup>rd</sup> Night out @ the Ballpark in Lynchburg and Summer break. Chapter year 2019-20 begins a meeting on September 9, 2019.

R. Calhoun, Secretary

## Chapter Officer Election Results

The election results are in. Your Star Valley Officers for 2019-20 are President: Daniel Ashworth, Vice President: Stuart Bowman, Secretary and Delegate: Bob Calhoun and Treasurer: Brandon Webb. The polls were open from May 1 – 14 and produced 26 for and 0 against votes.

## New Chapter and Region Website Login Procedure

As an added layer of security, the link to your chapter and region dashboards has been changed **EFFECTIVE IMMEDIATELY!** To begin, type your chapter website information into the address bar and append "/asse1911" to the end of it.



Enter your Username and Password, then press "Log In".

If you cannot remember your credentials, please use the "Lost your password?" link.

Stay Connected! Review your Communications Options with ASSE:  
Click here to update your address, email and more.



Social Media:



Join us at the Star Valley Facebook page:  
<https://www.facebook.com/starvalleyasse>



Support the future, support the  
Foundation







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## June 3 Night Out at the Ballpark Highlights



Twenty-four members and guests attended the third annual night out at the ballpark. Attendees basked in perfect weather, dined on ballpark food and watched the Lynchburg Hillcats take on the Down East Wood Ducks.

It was a night of fun and fellowship as witnessed by the attached photos.





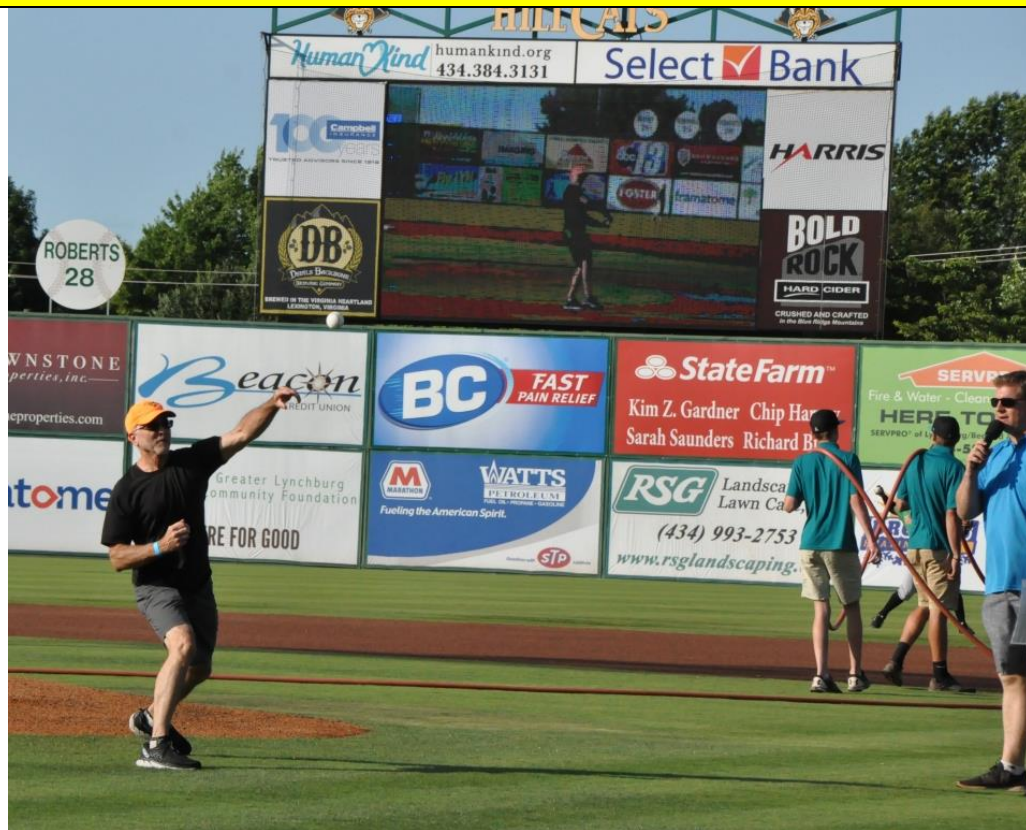


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## Carl "South Paw" Yates Represents the Chapter by Throwing a Perfect Strike



Jodd Carter connects for the good guys.



## June 11<sup>th</sup> is National Forklift Safety Day!

June 11<sup>th</sup> marks the sixth annual National Forklift Safety Day (NFSD). NFSD was developed by the Industrial Truck Association (ITA) as an opportunity for forklift manufacturers to create an awareness to highlight the safe use of forklifts, the importance of operator training and the need for daily equipment checks.

NATIONAL  
**FORKLIFT  
SAFETY DAY**



Even though the number of forklift accidents each year is about one-half of what it was 20 years ago, even though the number of forklifts in use has increased, the National Institute for Occupational Safety and Health (NIOSH) reports that each year nearly 100 workers are killed and 20,000 are seriously injured in forklift-related incidents. Forklift overturns have been determined to be the leading cause of fatalities and represent about 25 percent of all forklift-related deaths. Foot injuries are the most prevalent of nonfatal incidents.

A review of the requirements is in order make people aware of the risks of operating or working near forklifts to help prevent the realization of injuries and damage to equipment and facilities.

**The standards.** The OSHA standard for powered industrial trucks is 29 CFR 1910.178 and for forklifts used in the construction industry at 29 CFR 1926.600; 1926.602. The requirements include:

- **Operator training.** The standard includes specific training requirements for truck operation, loading, seat belts, overhead protective structures, alarms, and maintenance of industrial trucks. Refresher training is required if the operator is observed operating the truck in an unsafe manner, is involved in an accident or near miss, or is assigned a different type of truck.
- **Maintenance.** Forklifts must be examined before being placed in service. They may not be placed in service if the examination shows any condition adversely affecting the safety of the vehicle. Examinations must occur at least daily.
- **Operation.** Specific requirements apply to operating on grade, safe driving speed, slowing down at aisle intersections, where the operator must look when driving, and personnel not authorized to be on the forklift when it is being operated.

**Safety checklist.** OSHA has developed forklift safety guidelines that are found at this link: [Worker Safety Series: Warehousing](#). The guidelines include the following:

- Forklift operators are competent to operate a vehicle safely as demonstrated by successful completion of training and evaluation conducted and certified by persons with the knowledge, training, and experience to train operators and evaluate their performance.
- The training program content includes all truck-related topics, workplace-related topics, and the requirements of 29 CFR 1910.178 for safe truck operation.
- Refresher training and evaluation is conducted whenever an operator has been observed operating the vehicle in an unsafe manner or has been involved in an accident or a near-miss incident.
- Refresher training and evaluation is conducted whenever an operator is assigned to drive a different type of truck or whenever a condition in the workplace changes in a manner that could affect safe operation of the truck.
- Evaluations of each operator's performance are conducted at least once every 3 years.
- Load-engaging means are fully lowered, with controls neutralized, power shut off, and brakes set when a forklift is left unattended.
- Operators maintain a safe distance from the edge of ramps or platforms while using forklifts on any elevated dock, platform, or freight car.
- There is sufficient headroom for the forklift and operator under overhead installations, lights, pipes, sprinkler systems, etc.





- Overhead guards are provided in good condition to protect forklift operators from falling objects.
- Operators observe all traffic regulations, including authorized plant speed limits.
- Drivers are required to look in the direction of and keep a clear view of the path of travel.
- Operators run their trucks at a speed that will permit the vehicle to stop in a safe manner.
- Dockboards (bridge plates) are properly secured when loading or unloading from dock to truck.
- Stunt driving and horseplay are prohibited.
- All loads are stable, safely arranged, and fit within the rated capacity of the truck.
- Operators fill fuel tanks only when the engine is not running.
- Replacement parts of trucks are equivalent in terms of safety with those used in the original design.
- Trucks are examined for safety before being placed into service, and unsafe or defective trucks are removed from service.

Source: <https://safety.blr.com/workplace-safety-news/equipment-and-process-safety/forklift-safety/Observe-National-Forklift-Safety-Day-with-these-ti/>

**About the ITA.** ITA's membership is comprised of industry manufacturers of lift trucks, tow tractors, rough terrain vehicles, hand-pallet trucks and automated guided vehicles throughout the U.S., Canada and Mexico. ITA represents 90 percent of the forklift manufacturers in the United States and Canada. ITA has partnered with OSHA, ANSI, the Industrial Truck Standards Development Foundation, the Alliance of Industrial Truck Organizations, and the International Organization for Standardization to develop critical safety standards, harmonize those standards for the global marketplace, and compile data on global forklift markets.

Forklift fact: After completing forklift operator training, operator performance scores improved by 61 %, according to OSHA.

## **Cancer Prevention Works: Summer is Coming! Sun Protection Tips Are Here**

It's that time of year when many people spend more time outdoors and that means more exposure to ultraviolet (UV) rays from the sun. Skin Cancer Prevention helps raise awareness about the dangers of unprotected skin exposure and the importance of practicing sun protection to help prevent skin cancer. Without protection, the sun's UV rays can damage skin in as little as 15 minutes. Skin damage, such as sunburns and tanning, can increase your risk of skin cancer. Skin damage from exposure to UV rays adds up over time, so starting sun protection at an early age is important. In preparation for summer, learn more about skin protection.

[\*\*Read More\*\*](#)

## **New Blog Post Has Sunscreen Facts You Need to Know**

Sunscreens help protect skin from the sun's UV rays and can include differences in the sun protection factor (SPF). Some sunscreens also include broad spectrum, which is protection from both UVA and UVB rays. While sunscreens are an important part of sun protection, knowing when and how to use it can be confusing. A new blog post featuring Dr. Anne K. Julian from the National Cancer Institute provides facts about sunscreen to help increase understanding of skin protection. Dr. Julian describes how to use sunscreen correctly and the best ways to keep your skin protected from sunburn and skin cancer.

[\*\*Read More\*\*](#)

Source: <https://content.govdelivery.com/accounts/USCDC/bulletins/243f2ca>